

MAN WHO REBUILT YANKEES DEAD STEINBRENNER HAD JUST TURNED 80 (page 20)



STAMOS ACTOR DENIES UNDERAGE TRYST COURT (page 14)

CALGARY netra

Wednesday, July 14, 2010 www.metronews.ca



Share this copy with a friend





Actor Vince Vaughn and his wife, Calgary's Kyla Weber, are expecting their first

child, according to tabloid reports. Vaughn, 40, and Weber, 32, were married in

January and are said to be delighted at the news.

What happened to them?

• 'We know you're out there and we're looking as hard as we can,' son says in message to missing couple



An elderly couple from the Edmonton area is still missing after 11 days and their family is looking for answers into their disappearance.

Lyle and Marie McCann left on a road trip to B.C. in their motorhome, towing a light-green Hyundai Tucson, on the morning of July 3.

Police found the couple's motorhome completely destroyed by fire on July 5, but didn't start a missing-persons investigation until the McCann family reported them missing on July 10.

The SUV is missing as well. "This is a jigsaw puzzle that we're put-ting together," said Sgt. Patrick Webb.

"The focus is on finding the McCanns." Bret McCann, Lyle and Marie's son, said the family has set up a Facebook page in the hopes of finding his parents.

McCann search

Police are on the hunt for a missing Edmonton-area couple.

- July 3 The McCanns are last seen at a gas station in St. Albert, Alta.
- July 5 Police find the couple's motorhome destroyed by a fire and try to contact them without SUCCESS
- July 10 The couple fail to show up at the Abbotsford airport to meet family. The missing-persons investigation begins.
 - Search Police are looking for the McCanns and their light-green Hyundai Tucson SUV, licence plate number ZPK 289

The Dead Weather

- Jack White talks about the group, formed last year, and its
- was about to start a new band,'

Playground to Podium

Olympians in Calgary for KidSport fundraiser {page 4}

Intrigue in **Tangier**

North Africa's bohemian paradise for libertines {page 15}

Indie supergroup

accident

- second album
- 'I couldn't quite believe I he reminisces (page 10)

Summer Hotties.

Put some sizzle in your social life with the latest touch screen smartphones on Canada's best network! Email, text, Facebook® and IM like never before.



HTC Legend™ smartphone • Powered by Android.™

3-yr. term | No term | \$79.95 | \$399.95 | with a \$50 voice and data plant



Motorola $\mathsf{Dext}^{\scriptscriptstyle{\mathsf{TM}}}\mathsf{smartphone}$ with $\mathsf{MOTOBLUR}^{\scriptscriptstyle{\mathsf{TM}}}$

Powered by Android.

 $\begin{array}{c|c} \text{3-yr. term} & \text{No term} \\ \text{79^{95}} & \text{399^{95}} \\ \text{with a $50 voice} \\ \text{and data plan}^{\text{f}} \end{array}$



Samsung Wave™ smartphone

Visit a Bell store • 1888 4-MOBILE (662453) • bell.ca



Also available at these retailers:















Deerfoot Outlet Mall
Eaton Centre
Forest Lawn Shopping Centre
Market Mall
Marlborough Mall – kiosk
North Hill Shopping Centre – kiosk
Northland Village
Shawnessy Village Southcentre Mall Southcentre Mall – kiosk Southcentre Mall – Klosk Southpointe Shopping Centre South Trail Crossing Sunridge Mall Sunridge Mall – klosk Westbrook Mall Westurous CANMORE 105 – 802nd Bow Valley Trail 105 – 802nd Bow Valley Tra EDMONTON 3918 White Mud & 17th St. 6143 – 28th Ave. 9774 – 170th St. 10603 – 107th Ave. 17551 – 100th Ave. 12804 – 82nd St. 14808 Strony Plain Rd 12804 – 82nd St. 14808 Stony Plain Rd. 18559 Stony Plain Rd. Abbottsfield Shopper Bonnie Doon Capilano Mall Capilano Mail
Edmonton City Centre
Edmonton City Centre – kiosk II
Kingsway Garden Mail
Londonderry Mail
Mill Woods Town Centre
Northgate Centre
Northgate Centre – kiosk
Sherwood Park Mail Sherwood Park Mall South Edmonton Common South Park Centre Southgate Mall – kiosk St. Albert Centre St. Albert Trail at 137th Ave West Edmonton Mall Westmount Centre Whyte Avenue at 107th St FORT MCMURRAY Peter Pond Shopping Centre GRANDE PRAIRIE Prairie Mall
LEDUC
4916 – 50th Ave.
LETHBRIDGE
Park Place
SmartCentres Lethbridge
LLOYDMINSTER
Lloyd Mall MEDICINE HAT Carry Drive Plaza Medicine Hat Mall PEACE RIVER 10032 - 100th St. RED DEER Bower Place Shopping Centre Parkland Mall ROCKY VIEW Crossiron Mills Mall SPRUCE GROVE Creekside Centre ST-ALBERT 460 – 140th St-Albert Rd. WHITECOURT 3301 – 37th Ave.

Bell stores: BANFF Cascade Plaza CALGARY 216 Saddletowne Circle 509 – 2nd St. S.W. 1002 – 17th Ave. S.W. 10603 – 107th Ave. 4801 Westwinds Dr. 9550 Happer Hills Blud.

9650 Harvest Hills Blvd. N.E. Beacon Hill Centre Chinook Centre Crowfoot Crossing Deer Valley Shopping Centre Deerfoot Meadows Deerfoot Outlet Mall

Hailstorm takes its toll

• Calgarians flood phone lines with insurance claims • Too early to tell financial cost of Monday's storm, says insider





After a large part of Calgary was pelted with golf ball-size hail Monday, insurance brokers may be facing a storm of calls.

Calgarian DJ Kelly said his wife took the car to work at the University of Calgary and after returning from a meeting downtown, she came back to find the car smashed up.

'The entire back window is entirely shattered and isn't even in the car

anymore," said Kelly. "The back window is actually sitting in the back seat.'

Along with the shattered window, Kelly said the car has dents on the hood, roof and trunk, and the windshield and back taillight are both cracked. Yesterday, he put a call in to his insurance company and is waiting for his car to be assessed. Doug Noble, vice-president of the Alberta and North region for the Insurance Bureau of Canada, said it's too early to know the extent of the damage done in Calgary.

Aftermath



Doug Noble of the Insurance Bureau of Canada savs it's too early to assess total damage done.

Calls TD Insurance has said



- ance have reported vehicle damage. Home claims TD said they
- expect a higher number of home insurance claims as well.
- Previously According to Canadian Direct Insurance, Calgary's worst hailstorm was in 1991 and resulted in \$342 million in insured

Talks on 14th St. RT set for fall. **Pincott** savs

Public consultation will begin for the 14th Street rapid transit corridor in the fall, according to Ald. Brian Pincott.

The plan would eventually see buses running through 15 hours a day, every 10 minutes, seven days a week and will establish bus lanes to allow for more regularity. "People are pretty excited because this is going to look at transit in a completely dif-ferent way," said Pincott. "The bus service that will be provided will be reliable, efficient and effective."

PETER MCCARTNEY

Another horse dies at Stampede event

Calgary Stampede fans witnessed the death of another horse Monday evening.

Veterinarians immediately treated the threeyear-old animal after it broke its shoulder during the chuckwagon event.

After a full assessment of its injury, veterinarians decided to euthanize the animal.

So far, four horses have died during this year's events

METRO CALGARY

The estimated amount of damage caused to the University of Calgary Greenhouse roof after Monday's hailstorm, according to university officials.





News on the move

- Download the free ScanLife application with your smartphone at 2dscan.com
- Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
- The codes will direct your mobile

On the web at metronews.ca

Two Canadian volunteers share their experiences working in Africa in Notes from Zambia at metronews.ca/ blogs







Memberships starting at \$19!*

GREAT SUMMER STUDENT SPECIALS!

Experience Your Best!

8 convenient locations in Calgary! Also 10 great clubs in Edmonton! Bi-weekly payments, Membership fees apply

Offer Ends Soon! www.worldhealth.ca | 310 TRIM



Stowaway feline recovering: Society

In 2009, Calgarians raised \$43,000 for animals requiring special surgeries and medical care



Having survived an incredible journey, a city kitty is now on the mend.

The kitten, now called Mandarin, who landed in Calgary after a month-long shipping crate trek from China, is doing better than expected.

Still in quarantine, Mandarin's electrolytes and blood work are a "little off," according to Desiree Arsenault of the Calgary Humane Society, but this is normal, she said, considering the kitten's state of The approximate num-

ber of cats currently up for adoption through the Calgary **Humane Society.**

The malnourished kitten, found between sheets of imported granite last week, had no apparent food or water supply during her overseas travels.

Despite her hardship, Mandarin remains affectionate with humans, Arsenault said.

"Mandarin is super cuddly and very interactive with the people who she's speaking with. She's a cuddle-bug, that's for sure.'

Tests have confirmed Mandarin has no signs of major disease.

Unfortunately, Arsenault says continuing care for Mandarin over the next weeks may cost anywhere from hundreds to thousands of dollars.

People can help support Mandarin through her journey by donating to the Phoenix Fund.

Donations can be made by phoning the Humane Society at 403-723-6000.

Olympic athletes help **KidSport go for gold**

Many of Canada's most beloved athletes were joined by some young Calgary fans yesterday during KidSport's Playground to Podium fundraising event.

Ion Montgomery, Denny Morrison and Maëlle Ricker were among more than 15 Olympians who came out to show support for the organization at the Bridgeland/Riverside Community Centre.

"I think as athletes, we all recognize just how powerful sport has been for our lives," said Olympic speed skater Kristina Groves Gymnast Kyle Shewfelt

said KidSport provides the funds to register for sports for kids who might not otherwise be able to play.

"The reality is there's a lot of children who could Olympic gymnast Kyle Shewfelt shows off his medal to Rory Leach, 10, yesterday.

be amazing at sport and could get a lot of joy and learn a lot from it but can't afford to get involved in it," he said. "I think it should be accessible to everybody and KidSport is there to help."

KATIE TURNER

Fast facts

- KidSport has 11 chapters across Canada. It was established in Alberta in 1994, and went nationwide in 2005
- In 2009, KidSport registered 60,000 children in various sports throughout the country.
- KidSport CEO Diane Jones-Konihowski said that the KidSport chapter in Alberta is the most successful and raises the most funds.
- "They're not only worldclass athletes, they're world-class citizens so we're really proud to be associated with them," said Jones-Konihowski.

AN APP-ETIZING MEAL

Stampede breakfasts go digital

High-powered businessmen and starving university students alike, Calgarians always appreciate free pancakes and

sausages, especially when they're only a click away. The Calgary

Stampede's Flapjack Finder iPhone application allows users to find the nearest breakfast, all of which are free and open to everyone.

"Western hospitality means offering someone a hot cup of coffee and

some breakfast," said Calgary Stampede marketing manager Lisa Gorchinski. First and foremost, the

idea is to make that accessible to everybody." Over 100 pancake breakfasts are listed in the application, a number which is constantly growing.

PETER MCCARTNEY

Men charged after projectiles launched at fire investigators, police say

Calgary police say a slingshot was used to shoot screws at officers and fire investigators that were investigating a series of fires early Monday morning.

Police say fire was set to a vehicle in the 400 block of 1 Avenue NE around 2:30 a.m., after it was damaged with a hammer

Those responsible then smashed two statues outside the Calgary Italian Club, police said.

Suspects Dwain Michael Harrison, 30, and Jamie Joseph Signer, 30, are facing charges.

METRO CALGARY



YEAR

HEALTH CARE

Massage Therapy \mathscr{A} | Medical Office Administrator $\overset{.}{\mathcal{A}}$ | Retail Pharmacy Technician \mathscr{A} | Medical Administrative Assistant \mathscr{A}

TECHNOLOGY Network and Internet Security Specialist 🥪 | Help Desk Support Analyst 🥪

BUSINESS & LEGAL

Paralegal ★ | Business Administration E-Commerce Management ★ | Accounting and Payroll Administrator ジオ | Professional Legal Assistant ジ | Oil & Gas Administrative Assistant ジオ | Computer Graphic Design オ | Business Administration Management 🧀 🛪

- Financial Aid Available to Qualified Applicants
- **Career Services Assistance**
- **High Graduate Employment Rates**
- 10 Campuses in AB
- Classes Filling Fast Call Now to Reserve a Seat

Not All Programs Available At All Campuses.



Pertains To A Reeves
College Program Pertains To A CDI College Program







1,000 Bonus reward miles.

That's the ticket.



In fact, that's enough for a return flight¹. Just apply for a BMO° Gold AIR MILES°¹ MasterCard°* before July 31st and get 1,000 Bonus AIR MILES°¹ reward miles with your first card purchase².

Apply online at **bmo.com/getmycard** and enter offer code **AM177** or visit your local branch.





Iran's missing scientist free to go, says U.S.

A missing Iranian nuclear scientist, who has sought refuge at a Pakistani embassy office in Washington and who Iran claims was abducted, is free to return to his homeland, the U.S State Department said vesterday.

It was the latest development in a murky case that has been shrouded in mystery since the scientist, Shahram Amiri, disappeared while on a pilgrim-

age to Saudi Arabia in 2009. "He has been in the United States of his own free will and obviously he is free to go," department spokesman P.J. Crowley said. "In fact, he was scheduled to travel to Iran yesterday but was unable to make all of the necessary arrangements to reach Iran through transit countries.

Iran's foreign minister, Manouchehr Mottaki, said Amiri was found after having been kidnapped during



"Iran continues to hold three young Americans against their will, and we reiterate our request that they be released."

HILLARY CLINTON, **U.S. SECRETARY OF STATE**

the Hajj and taken to the U.S. against his will. He demanded that Amiri be allowed to return home without any obstacle

Secretary of State Hillary Clinton said Amiri was free to go. The associated press

innocuous-looking small

CARDIAC-ARREST MYSTERY unit from China's Center for Disease Control and Prevention believes it has pinpointed the cause: an

> mushroom known as Little White.

The search for the culprit began in 2005 and took investigators to remote villages spread over the rural highlands of Yunnan province, said Robert Fontaine, an epidemiologist with the U.S. Centers for Disease Control and Prevention.

The investigators zeroed in on mushrooms because the deaths were closely aligned with the harvesting season.

'Shroom blamed for deaths

Every summer during the height of the rainy season, villagers of all ages in a corner of southwestern China would suddenly die of cardiac arrest No one knew what caused Yunnan Sudden Death Syndrome, blamed for an estimated 400 deaths in the past three decades.

Now, after a five-year investigation an elite

trouble

paign financing.

No longer Ohio man Woerth the executed for murders

The treasurer of Nicolas Sarkozy's conservative party says he will resign at the end of the month, amid pressure from the French president and a idence of a burglary. William Garner, 37, scandal involving allegations of illegal cam-

Sarkozy said he wanted Eric Woerth to resign from his job as UMP treasurer. Woerth told reporters after a cabinet meeting yesterday. "Yes, I will do it." Woerth was later quoted

in the daily Le Figaro as saying he will resign July 30. THE ASSOCIATED PRESS

A man was executed vesterday for the murders of five children in a 1992 Cincinnati apartment fire he set in an attempt to destroy ev-

died by lethal injection at the Southern Ohio Correctional Facility.

"God bless everyone who has been robbed in this procedure," he said as he lay on the execution table. "I thought I'd never be free, but I'm free now'

He also said he was "heartily sorry." THE ASSOCIATED PRESS

While most of the injured officers suffered only cuts and bruises, others suffered burns and broken hands. Two remained hospitalized: one wounded in the chest and arms by a shotgun blast, and another who had a paving stone

condemned Irish national-

ist rioters yesterday who

wounded 82 police officers

during two nights of street

clashes sparked by the province's annual parades

by the British Protestant

ervice crime

dropped on her head from a shop's rooftop.

The violence in workingclass Catholic parts of Belfast and other towns came both before and after tens of thousands of Protestants of the Orange Order

"The cost of policing last night ... is the equivalent of a new ward in a hospital (or) a new primary school." CHIEF CONST. MATT BAGGOTT

brotherhood marched at 18 locations across Northern Ireland in an annual show of communal strength.

It was the worst rioting in Belfast since the same event exactly one year ago.

The Northern Ireland po-

lice commander, Chief Const. Matt Baggott, released video of Monday's rioting captured by surveillance helicopters.

The footage showed hundreds of masked teens and young men swarming and pummelling police armoured vehicles and swinging clubs at shield-wielding police while the officers stood their ground or retreated slowly.

Baggott said any attempts to arrest the rioters would have been too dangerous. THE ASSOCIATED PRESS

▶ A nationalist protester runs from a flaming car during clashes with police in Belfast, Northern Ireland early yesterday.

Riot leaves police licking wounds

Top cop says video evidence will be used to hunt down rioters who hid behind masks and scarves • Children as young as eight among rioters Northern Ireland leaders

Attack won't dent resolve: PM

An Afghan soldier attacked his coalition allies with a rocket-propelled grenade and other weapons early yesterday, killing three British troops and wounding four more before fleeing, officials said.

British Prime Minister David Cameron condemned the killings as "appalling" but insisted the incident should not change the strategy of working alongside the Afghan army. Officials said the motive

of the attack was unclear. It was the second time in eight months that an Afghan turned against British troops partnering

with local security forces. In November, an Afghan policeman killed five British soldiers at a checkpoint in the same province as yesterday's attack.

THE ASSOCIATED PRESS

GULF CRISIS

Cap attempt hits snag

A pivotal moment in the Gulf oil crisis hit an unexpected snag last night when officials announced they needed more time before they could begin choking off the geyser of crude, right, at

the bottom of the sea. Officials did not say what prompted the decision or when the testing on the new, tighter-fitting cap would begin. BP was scheduled to start slowly shutting off valves on the 75-ton metal stack of pipes, aiming to stop the

flow of oil for the first time in three months. A series of methodical, preliminary steps were completed, including mapping the seafloor. THE ASSOCIATED PRESS

a. Ofnat on or the rap owly n the

Pine Lake tornado: 10 years after tragedy



● 12 killed in destruction that tossed trucks and trailers like toys

In the dead stillness of the summer afternoon, when heat waves shimmer, purple clouds gather and echoing thunder heralds the deluge to come, Jamie Holtom is pulled back to the awful day 10 years ago when a tornado wrenched his two-year-old son from his arms and took his boy's life.

Today, it will be exactly 10 years since the powerful twister crested the bluff overlooking the Green Acres campground at Pine Lake in central Alberta and swooped in, killing 12 people and injuring more than 100. One victim was two-year-old Lucas Holtom, a red-headed heartbreaker and the firstborn of Jamie and Katrina.

"Hitting the 10th does bring it back a little bit. You cannot believe 10 years has

Freak occurence

► The tornado was a freak of nature, a roiling mass of moist air and heat that came in contact with a rare stream of superheated air near the ground that acted like a centrifuge, pushing its winds to cyclonic speed, a floating bomb that drifted over a fuse.

flown by," said Jamie in an interview from Brampton, Ont., where he works as a United Church minister.

Lucas was the youngest to perish when the category F3 tornado carved a 20-kilometre path of destruction through the rolling green hills and water of Pine Lake, a 14-kilometre finger-shaped body of water.

THE CANADIAN PRESS

Veil ban upheld in France

France's lower house of parliament overwhelmingly approved a ban on wearing burqa-style Islamic veils yesterday, part of a concerted effort to define and protect French values. The ban on burqas and niqabs will go in September to the Senate, where it also is likely to pass.

THE ASSOCIATED PRESS

'Barefoot bandit' deported

The American teen who police call the "Barefoot Bandit" was deported to the United States yesterday, just hours after he pleaded guilty to a minor offence in the Bahamas. Officials escorted Colton Harris-Moore to Miami to face prosecution for a two-year string of thefts.

THE ASSOCIATED PRESS



Bredin Institute is now offering BUILDING INFORMATION MODELING (BIM) for Internationally Trained Engineers

Do you

Have experience or a passion for drafting/design?
Want to learn how to utilize the most recent in BIM software: Revit Architecture & Engineering?
Need to upgrade your design/drafting skills to increase employability?

Applicants must:

- Be internationally-educated engineering professionals seeking employment or transitioning into careers as Drafters/Designers
- Be engineers who have trained and/or worked, and have a passion for design, construction, architecture and operational tasks; draftspersons and designers
- Possess a Canadian Language Benchmark (CLB) 7 Hold Permanent Resident status
 - Have completed an engineering degree (4 years)

You will learn or become more experienced in:

AutoCAD • 3D Modeling • Revit MEP for Architecture and Engineering
 English for Engineering and computer essentials
 Note: Onsite basic computer skills testing required for all applicants

"Simplicity is the ultimate sophistication"
--- Leonardo Di Vinci

First Intake: Fall 2010 Information sessions will be held on July 30th and August 6th at 9am No appointments

For more information contact: Kerri Drummond, Service Manager 403-261-5775 or kerri.drummond@bredin.ab.ca



Funded in Partnership by: Citenzenship and Immigration Canada (CIC) and Alberta Employment and Immigration (AEI)

Government of Alberta ■



Better economy means time to rebuild savings

● Survey finds 25% of us don't think of saving ● Even four dollars a day can improve finances: Scotiabank

Nearly one-third of Canadians do not have a savings plan in place even though almost everybody would like a financial safety net, according to a survey done for one of the country's largest banks.

"People want to save I think the issue is they don't know how to get started," said Gillian Riley, senior vice-president of retail deposits, payment and lending at Scotiabank, which commissioned the study of Canadians' savings habits.

Only 55 per cent of people surveyed told pollsters they save on a regular basis. And nearly one in five Canadians said they don't



have any rainy day savings at all. But Riley said she was most surprised by the survey's finding that one-quarter of Canadians live day-to-day and don't think about saving money.

Canadians need to start thinking about their longterm finances again after many found themselves in financial hardship during the 2008-2009 recession, she said.

Riley said automatic payments are an almost painless way to save. Such payments can be made through rounding up debit card payments at the till and devoting the difference to savings, or by an automated transfer of even \$50 to \$100 per month.

THE CANADIAN PRESS



Airline feeling the pinch

British Airways is dealing with a dispute with cabin crew over staff cuts and treatment of strikers that has cost it more than \$234 million so far.

Canada buys more than it sells

Canada's merchandise trade deficit climbed to half a billion dollars in May as an increase in the value of imports outpaced gains on the export side, Statistics Canada reported vesterday.

The agency said the shortfall widened to \$503 million in May from \$330 million in April .

Exports rose to \$34.5 billion from \$32.8 billion in April after two months of decline. However, imports also rose — to \$35 billion from \$33.1 billion in April.

THE CANADIAN PRESS

3.6B

Canada's trade surplus with the U.S. widened to \$3.6 billion in May from \$3.5 billion in April. Our trade deficit with countries other than the U.S. expanded to \$4.1 billion in May from \$3.8 billion in April.



Get talk and unlimited text from \$20/month or my name isn't El Tabadorrrrrrrr!





Good call







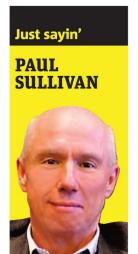




Lethbridge Park Place Shopping Centre

Red Deer Bower Place Rocky View Crosstron Mills

SETTING COMPASSES FOR A GENERATION



Happy 50th birthday to the most enduring and important novel of the 20th Century: To Kill a Mockingbird, the classic story of courage and the miscarriage of social justice in a southern U.S. town in the mid-'30s.

hy the most enduring? It published on July 11, 1960 and has never been out of print. It's now in its 5,000th printing.

Why the most important? It was voted by British librarians, surely the world's most demanding critics, as the one book adults should read before they die. And that includes the Bible.

I first read To Kill a Mocking-

bird when I was 10, just four years older than the novel's spunky little narrator, Scout Finch. Scout is a miracle, as is the story itself. And if you

haven't read it, I suggest you waste no time. Like millions of us, you'll never be the same.

Harper Lee's most compelling creation is Scout's father Atticus, the small-town lawyer who defines courage in a way that still sends

shivers down my back: "When you're licked before you begin, but you begin anyway and you see it through no matter what.'

It's an old-fashioned sentiment in the way that truth, beauty and love are oldfashioned sentiments.

"If you haven't

read it, I suggest

you waste no

time. Like

millions of us,

vou'll never be

the same."

The book has plenty of those qualities, but at its core is the decency of Atticus Finch, who, despite the town's disapproval,

staunchly defends Tom Robinson, a black man falsely accused of raping a white woman. Although Atticus skillfully reveals the woman is lying, Tom is convicted anyway, and is later shot trying to escape custody. There's

nothing easy about To Kill a Mockingbird.

In her gentle, even genteel way, Harper generates a thirst for social justice that helped define a generation of Boomers. Maybe it's the book itself; more

likely it's the 1962 Oscarwinning movie, starring Gregory Peck as Atticus, but its resolute defence of decency resonates today.

Especially today, when decency is discounted and cheap sen-

timent prevails. Exhibit A: Twilight, in which photogenic vampires yearn to play tonsil hockey with a mortal teen, but the boy vampire resists in order to spare his young love the consequence: An immortal allergy to garlic. Love

When life gets hard and confusing, I have a tendency to drift. All I need to get my compass reset is to pay a visit to Atticus, Scout and Boo Radley.

In a way, even though Maycomb, Alabama, is a million miles from where I grew up, it's like going home again.

Cartoon

Lots of love for World Cup

South Africa's opening goal

YANKEES OWNER GEORGE STEINBRENNER DIES:

Noteworthy

Study links teenage obesity to early death

men who are obese by age 20 die eight years earlier on average than their non-

bese peers. The Danish study also 20 and that most people are unlikely to develop obesity later. THE ASSOCIATED PRESS

Letters

OTTAWA. Yes, I enjoyed the World Cup.

Despite the early departures of Italy and France, the outrage over refereeing and disappointing showing of some superstars, there were plenty of both amazing games and breathtaking plays:

- The fluid partnership of Ozil and Müller for the German side.
- Messi's fluidity for the Argentinian squad. • The toughness of the
- Paraguayans. • The surprise strength
- of the New Zealanders. • That first goal, scored
- by South Africa's Siphiwe Tshabalala.

Matches of special note



for me were two Uruguay matches: • The dramatic and

- hard-fought but heart-breaking match between Uruguay and
- And the incredible consolation match of Uruguay and Germany which went down to the final second.

And those beautiful

games by the Spanish team against Chile, Portugal and Paraguay, but especially the semi-final against Germany.

Viva Espana! Yes, I cheered with the rest of the Spanish fans Sunday for the final.

Kudos to the CBC for fantastic blanket coverage

CHERYL SUTHERLAND

What's the one food that says summer to you? **Email** calgaryletters @metronews.ca Twitter

Ametrocalgary

Metro has the right to edit letters and submissions

Metro Minute at the Upside Down Church

METRO CALGARY • Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7 • T: 403-444-0136 • Fax: 403-539-4940 Advertising: 403-444-0136 • adinfocalgary@metronews.ca calgary_distribution@metronews.ca

Publisher Steve Shrout, Managing Editor Darren Krause, Advertising Sales Manager Chris Mackie, Distribution Manager Dave Mak

METRO CANADA: Group Publisher Bill McDonald, Editor-in-Chief Charlotte Empey, Associate Managing Editor Tarin Elbert. Scene/Life Editor Dean Lisk, Asst Managing Editor Amber Shortt, Art Director Laila Hakim, Nat'l Sales Director Peter Bartrem, Interactive/Marketing Director Jodi Brown

If you have a minute to spare and you want to take a breather away from the Stampede Grounds, take a quick 10-15 minute walk the Upside Down Church sculpture in the community of Ramsay.

The sculpture came to Calgary in 2008 from Vancouver where it was originally displayed. It brought to the city by the Glenbow Museum TORODE.

Created by New York artist Dennis Oppenheim, the sculpture is actually titled Device to Root Out Evil.

The sculpture is located just a few blocks east of Stampede Park at 24th Avenue S.E. between 7th Street and Spiller Road.







The Village People won't be changing their hit song Y.M.C.A. just because the YMCA is now known as just the Y. ASSOCIATED PRESS

Rip Torn has applied for a probation program to settle charges that he broke into a bank while armed and intoxicated in January.

ASSOCIATED PRESS

Robert Plant is being honoured with a star in a music sidewalk in Memphis.





Indie supergroup a happy accident

◆ After pitching in with The Raconteurs Alison Mosshart teamed with Jack White to form The Dead Weather ◆ Latest album features contributions from all four band members



The Dead Weather is the closest thing indie music has to a supergroup. They were formed last year by White Stripes Jack White, the Kills Alison Mosshart, and various members of Queens of the Stone Age and the Raconteurs.

Metro met with Jack and Alison to talk about new albums, booming business and movies.

If back in 2009 someone had told you that the Dead Weather would have released two albums in less than a year, would you have believed them?

AM: I didn't see things coming but I love it. At first, I gave Jack a hand with the Raconteurs when he lost his voice. Then we got it in our heads that we would record a single, before we knew it we had written six songs in 15 hours. Then we went on tour and now we have a new album!

JW: The band was a happy accident. Similar to the Raconteurs five years ago, I couldn't quiet believe I was about to start a new band.

Then I thought back to the times when I had just started in the industry, I was in three or four bands at the same time, so it's fairly logical to do the same now.

JV: Many musicians are involved in more than one project at a time. Is this just business or just the way that the music industry has evolved?

JW: When I told my manager that the second album was ready, I asked him if it was a good idea to release it right away. Would people think I was choosing quality over

quantity? The truth is that's not the way I see things. I'm not one of the Backstreet Boys, I'm not scared that the kids are going to forget me. I make music because I want to, not because I want to make money off it. Anyway, business and art never sit well together.

JV: The record is very organic; did you write it in one go?

JW: All four of us write and we never know where it will take us. I'm on the drums, we start an instrumental like with Blue Blood Blues, and we record "I played with three other musicians when I first started but our collaboration was never as close as with the Dead Weather."

ALISON MOSSHART

the sounds without knowing where it all lead to, when it will stop or when one of us will sing. With the White Stripes it's very different, I write a song on the piano and then Meg and I electrify it.

Gyllenhaal backs TV fundraiser Stand Up to Cancer

A fourth major broadcast network and Jake Gyllenhaal are adding their support to the ambitious TV fundraiser Stand Up to Cancer

Fox will join previously announced ABC, CBS and NBC in donating a simultaneous commercial-free hour of prime-time for the September telethon airing from Los Angeles, it was announced yesterday.

Gyllenhaal will appear in a Stand Up to Cancer

public service announcement set to debut during Major League Baseball's All-Star Game airing Tuesday evening on Fox.

More cable networks also have agreed to carry the fundraiser, with VH1, HBO Latino, TV1 and G4 joining previously announced HBO, Discovery Health, MLB Network, E! and the Style Network.

Stand Up to Cancer, to be hosted by Katie Couric, Diane Sawyer and Brian



Williams, will air Sept. 10. Film and TV producer Laura Ziskin (the Spider-Man'franchise), a cancer survivor who produced the first telecast in 2008, has taken on the job again. The original fundraiser, which included Lance Armstrong, Beyonce and other celebrities, helped deliver more than \$100 million for re-

"Cancer is a crisis and we want to convey that all Americans can play a role

search into the disease.

Big effort

Stand Up to Cancer is a program of the Entertainment Industry Foundation, a non-profit TV and film industry group that supports programs addressing health, education and social issues.

in helping the scientists who are working to end it," Ziskin said in a statement. The associated press

Newswoman finds new role behind anchor desk



New Global anchor began news career in Manitoba in 1985

Former NBC News correspondent Dawna Friesen is taking over as host of the supper-hour newscast Global National and will put her stamp on the flagship show in Vancouver nearly three years after Kevin Newman moved the anchor desk to Ottawa.

Newman is set to step down in August after hosting Global National for 10 years.

The Winnipeg-born Friesen comes to the job from London, where she spent 11 years as a foreign correspondent for NBC. Varied assignments took her to the Middle East, Iraq, Afghanistan, Pakistan, Russia, Europe and parts of Africa.

"It really is a homecoming for me," Friesen said yesterday at a press conference.

Not alone

The appointment comes less than a week after CTV National News anchor Lloyd Robertson he'd step down.

Ladies' club Robertson will be replaced by Lisa LaFlamme, who is friends with Dawna Friesen.

"I always hoped I'd return to Canada. In the back of my mind I knew I wasn't leaving forever."

The 46-year-old Friesen says she'll begin her new duties in September, but no date has yet been set. Newman's last day is Aug. 20 and Canwest says a roster of anchors will host Global National in the interim.

THE CANADIAN PRESS

Fewer tuning into late night

Jay Leno and David Letterman are in the twilight of their days as latenight TV kings, and



it's not clear that any latenight comic will wield that kind of broad influence again.

Late-night ratings sank over the past three months, despite the attention and extraordinary television created over the winter by the drama of Leno taking back The Tonight Show from Conan O'Brien.

"Late-night talk shows have been around since the 1950s, and you wonder if they are getting passe with the viewing public," said Brad Adgate, an analyst with Horizon Media.

Competition is a factor. Johnny Carson in his prime never had to worry about a Jon Stewart or George Lopez. Or video games and the Internet. Or, for that 20²⁰ per cent George Lopez, who has the time slot Conan O'Brien will take over, saw his numbers dip by 20 per cent to 820,000 a night

matter, his own network. At 11:35 p.m., more people now watch programs saved on their digital video recorders than either Leno and Letterman, the Nielsen Co. said.

Back at NBC, Leno averaged 4 million viewers a night during April, May and June. That's a full 1 million viewers lost to NBC compared to the same three months in 2009. Leterman wasn't necessarily the beneficiary, since his audience of 3.3 million people was off 7 per cent from 2009.

An hour later, NBC's Jimmy Fallon and CBS' Craig Ferguson are both down, with Fallon's nightly audience of 2 million last year slipping to 1.64 million

THE ASSOCIATED PRESS





PRESENT



Calling all budding filmmakers

to create a video that will bring visibility to disability in an interesting way! You could:

- Capture life experiences
- Demonstrate inclusion
- Tell a story
- Show changes we can make.

Show us your creative twist on bringing visibility to disability and help create a better world for children with disabilities.

The winners will be determined by a panel of celebrity judges and online public voting. Terrific prizes will be awarded including \$5000 cash, Flip Video Cameras and more!

Contest closes August 31, 2010 Get your videos in today!

We thank Cisco Canada for their support. Contest rules apply, see website for details.



www.filmpossible.ca

Movie reviews

See it twice ●●●●● | See it now ●●●● | Worth Watching ●●● | Yawn ●● | Don't bother @

This fantasy frustrates

The Sorcerer's Apprentice Genre: Fantasy **Director:** Jon Turteltaub Stars: Nicolas Cage, Jay Baruchel ____

In order to properly appreciate a picture like Disney's The Sorcerer's Apprentice, it helps if you have kids.

The film, starring a long-haired Nicolas Cage (teaming up once more with his National Treasure director Jon Turteltaub) as the legendary wizard Balthazar is one of those maior studio summer family pictures that frustrates: an action-based, lavishly produced romp that toys with being an authentic fantasy film, but whose demographic pleasing sensibilities keep steering its narrative into silliness. better to please the younger set. And it's those very tots joy that might allow parents to cut it some much needed slack.



The story starts with a messy, seemingly post-production tampered prologue detailing the centuries old betrayal of big shot sorcerer Merlin at the hands of a cackling Morgana LeFay (Alice Krige) and her dandy un-

derling Maxim Horvath (Alfred Molina, whose clearly having fun). When the heroic Balthazar tries to stop the evil duo, his lady love (a smoldering Monica Bellucci) is caught in the crossfire and is imprisoned in a vase with

them.

Flash forward to today, wherein terminally nerdy science major Dave (Jay Baruchel, last seen on screen in The Trotsky) bumbles his way into Balthazar's life and is soon deemed "The Prime Merlinian," a sort of grand wizard in-training who must learn his cosmic trade before the fate of the planet falls pray to Morgana's vengeful wrath.

Filled with wall-to-wall special effects and scenery chewing performances (its always a blast to watch Cage, especially when we see glimpses of the wild eyed enfant terrible emerge during unchecked moments). The Sorcerer's Apprentice never stops moving enough to let parents properly connect with the story or the characters. But kids won't care; they'll be too dazzled by the endless wizard duels, dancing brooms (a nod to The Sorcerer's Apprentice sequence in the masterful Disney classic, Fantasia), broad comedy (Baruchel's terminally geeky protagonist is so arch he seems to have stepped right out of Revenge of the Nerds) and loopy action set pieces to notice such trivial failings. And as all parents know, if they're happy...we're hap-Dy. CHRIS ALEXANDER

Screentimes

Crowfoot Crossing: Wed-Thu 12-3-7-10 Eau Claire Market:Wed-Thu 12:40-3:40-7:10-9:50 Empire Studio 16: Wed-Thu 12:10-1-3:20-3:55-7-7:25-9:40-10:05 Empire Studio 10 MacLeod Trail: Wed-Thu 12:45-4-7:10-10:15 Scotiabank Chinook: Wed-Thu 12:55-4-7:20-10:15 Sunridge Spectrum: Wed-Thu 12-3-7-10 Westhills 10:

Ne-Yo faces suit over gig

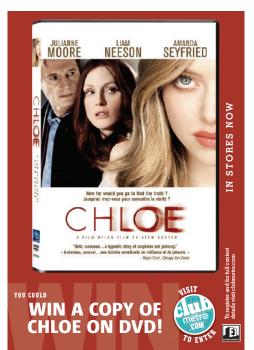
MUSIC R&B singer Ne-Yo and his booking agency are being sued in Maryland by a promoter over the performer's failure to appear at a 2008 concert in Washington state.

The lawsuit is scheduled for trial later this month in Anne Arundel County.

ASSOCIATED PRESS







Newspaper opinions condemn decision to free famous director
● They say it shows rich get special treatment

Switzerland's decision to reject a U.S. extradition request for director Roman Polanski may have shown that legal principles are paramount here but also left the impression that the rich and famous enjoy special privileges, Swiss newspapers opined Tuesday.

Long known for the low tax rates it offers the super-wealthy, Switzerland set a remarkable legal precedent, as authorities broke with tradition by analyzing far more than the formalities of the American request, delving deep into allegations of mishandled justice by Los Angeles authorities.



The Swiss government may have had a strong case for its action — to guard against complicity in what was interpreted as an unjustified U.S. pursuit

 but the move left authorities open to claims of favouritism.

"If the main character in this drama hadn't been Roman Polanski, but an unknown amateur actor, he would now be standing before a U.S. court," the daily Neue Luzerner Zeitung said in an opinion piece.

Polanski's whereabouts were unknown Tuesday, a day after his sudden release. His wife, French singer Emmanuelle Seigner, is scheduled to perform at the Montreux jazz festival in western Switzerland on Saturday, and her husband may now join her.

THE ASSOCIATED PRESS



Home Phone Lines "Great Quality. Great Price. Great Service. I Love my new Comwave Home Phone Service" Unlimited Global **Enhanced** One Rate Canada Unlimited Local Calling Unlimited Calling North America Unlimited Calling 20 Countries **All Features Free** Call Forwarding © Caller ID Limited Time Offer! 90 day FREE TRIAL! UNLIMITED /month With Any Comwave Home Phone Plan comwave 03-451-5800

Uncle Jesse finally takes the stand

• Former Full House star testifies in exortion trial • Denies he had a romantic fling with underage girl

scribed himself as "heartbroken" over the separation from his wife six years ago when he met woman now charged with conspiring to extort \$680.000 US from him.

He testified yesterday during a federal trial in Marquette, Mich.

Allison Coss and Scott Sippola are accused of demanding money from Stamos, saying they had photos of him with co-caine and strippers they could sell to a magazine.

Stamos said he met Coss at Florida's Pleasure Island, a club where patrons must be at least 18. The 46year-old Stamos said Coss told him she was on "col-

The Full House and ER star described their time together as "just hanging out" and "socializing." His attorney denied a romantic fling.

The presiding judge last week ruled that testimony about whether Stamos had an intimate relationship with Coss would not be allowed. Opening state-ments are not testimony and cannot be considered by jurors as evidence but allow attorneys to outline the case they will present.

Defense attorney Sarah Henderson said the actor picked up Coss, 17 at the time, and a friend at a club and brought them back to his hotel. The associated press



And in other relationship news

Now that the career-damaging tapes of Mel Gibson raging violently at ex-girlfriend Oksana Grigorieva have leaked to the public, sources close to the actor claim the Russian singer tried to use them to extort

money from the Oscar winner, according to TMZ. Gibson's lawyer is meeting with the L.A. County Sheriff's office to present evi-dence of the alleged extortion, but Grigorieva's camp insists the mother of

8-month-old Gibson's daughter is innocent. "She did not try to extort

Mel Gibson nor did she ask him for money in return for the tapes," a source says.

METRO WORLD NEWS

Talking points

Miranda's wedding woes

SHE'S ALREADY SHOPPING FOR HER BRIDAL BIKINI, THOUGH. Miranda Kerr admits planning her upcoming wedding to Orlando Bloom isn't a simple task. "We have family and friends all over the world, so deciding where is a tricky one," she says, according to Hollyscoop. "We are enjoying being engaged for the time being and will take our time in making any plans. We are both very private so would like it to be intimate and per-

Jail revives Lohan's career

HEY - SPRAY TANS DON'T PAY FOR THEMSELVES.

Lindsay Lohan is receiving offers for pre- and post-jail interviews at more than \$500,000 US each, according to Page Six. "The irony is Lindsay is in demand," a source says. "The bidding is over

\$500,000 for the rights to the prejail interview." METRO WORLD

Teenage Prison Queen

Celebrity tweets



ditched the paparazzi. That's a first! I outsmarted those bloodsuckers and no one was endangered in the process. Pat on the back T!

Spelling

[Atorianddean1



room couahed.

Rivers] Of course Russia still spies on us. When I was there, I felt I was being spied on--especially when the painting in my hotel

Joan

Rivers

[@Joan



METRO WORLD NEWS

MJ memorial

LA TOYA, IS THAT YOU? Devoted fans of Michael Jackson have been leaving messages to the deceased singer in permanent marker outside his mausoleum in Glendale. Calif., and it's driving security crazy, according to TMZ. The messages, including "Keep the dream alive" and "Miss you sweet angel," are written in hard-to-spot areas.

METRO WORLD NEWS









Intrigue in Tangier

Tangier has long been a byword for bohemia in North Africa.

• It has been a hang-out for rock stars and it hasn't lost any allure





Why go now?

The main port of entrance into North Africa from Spain, Tangier is Morocco's libertine hangout. Rock stars and celebrities have for decades used it as a bohemian bolt-hole. The pace is subdued and the summer's hot and sunny.

It's my first time. What should I do there?

Grand Socco square is a mish mash of cafes, restaurants and market stalls. It's the main entrance into the Medina and a great way of getting more of an insight into the local way of life. Walk up the narrow allevways and you're bound to come across a snake charmer or musician. Stop for orange blossom in-fused coffee at Café Hafa (avenue Hadj Mohamed Tazi) on your way to visit grandiose the Kasbah Palaces. The Sultan's Palace, Dar El Mahkzen and Sidi Hosni are the most beautiful.

I've been before. What should I see this time?

The beach facing the Atlantic Ocean is a playground for water sport lovers. Surfing, kite-boarding, and jet skiing are big deals here. A camel ride along the seemingly endless stretch of sand is strangely therapeutic — if not a little bumpy. Sampling local delicacies is a must. Moroccan cuisine is one of the tastiest and most refined in North Africa. Restaurant Hamadi (2 Rue de la Kasbah) is the best place to go for a couscous followed by live music

Where's the best place for an afternoon's shopping?

The Medina in the old town is the best for your Moroccan inspired buys. Alleyways are lined with stalls and sellers ready to haggle with you over the price of shoes or incense. You'll also come across many jewelers and herbalists. Parfumerie Madini (14 Rue Sebou) sells essential oils and soaps. Owner Mr. Madini can copy any bottled scent placed under his nose.

What's the nightlife like?

Great seafood at the Restaurant Populaire Saveur (2 Escalier Waller, Ville Nouvelle). For dessert, order the "seffra" sweet couscous — sticky with honey and laden in dried fruits and nuts. Enjoy a mint tea night-cap at Café Baba, with photos of the Rolling Stones (not so sure if the Stones drank tea) adorning the walls (1 Rue Sidi Hosni).







2

MUST-DO THINGS IN TANGIER



ESSAOUIRA

Let the wind blow you across to the eerie city of Essaouira for the day. More happening than Tangier, it's a nice change of scenery during your trip yet stays true to Moroccan style.



CAP SPARTEL

Some 10km out of Tangier is the enchanting spot of Cap Spartel. The view from here is spectacular, as you witness the merging of the Mediterranean Sea and Atlantic Ocean. The walk up to the lighthouse is pleasant and smells of fresh pine and eucalyptus.



Top 2

Travel finds this week:

Chicago: Guests who book The Sky line Package with Chicago's Millennium Knickerbocker will receive accommodations in a Superior room, \$50 dining gift card to the 95th Floor Signature Room at the John Hancock Tower, a chilled bottle of wine upon arrival for \$199. millenniumhotels. com/knickerbocker



Arizona: Stay at Arizona Grand Resort for \$199 a night which also includes a nightly \$100 resort credit that can be used toward golf, spa, or dining. arizona grandresort.com/



Save on Electricity

Calgary Regulated Rates (RRO) went up again!

Switch today and start enjoying the savings that could add up to 2 or 3 months of free electricity usage per year!

ENMAX RRO
Spot Power

Electricity Rates Admin Fee (Cents/kWh)

8.977 **\$7.35**

6.500 \$4.00

(ENMAX July RRO vs Spot Power 1 year Fixed Rate)



Paris for peanuts

• You can still get the Paris experience without breaking the bank



Paris in summer can be positively prohibitive. Yes there are some of the most substantial hotels in the world, but you'll need one

of the most substantial bank accounts in the world to fully enjoy them.

But, if you know where to look, there are some bargains to be had.

We've selected favourite five under \$120a-night in high season.

This is our top choice:

BEAUGRENELLE **TOUR EIFFEL**

19 rue Viala, Eiffel Tower, 75015 Amazingly this sub \$120 lays in the shadow of the Eiffel Tower and has the feel of a hotel twice the price.

All rooms en-suite with marbled bathrooms, individual air conditioning, wi-

fi, and late bar. Nearby: Eiffel Tower, Mu-seum of Modern Art



These Paris hotels didn't make our top pick but they're still a deal

MONCEAU PALAIS DES CONGRES

25 rue de Saussure, Etoile, 75017

Comfy and reasonably stylish hotel just five minutes walk form the Champs Elysees. All the apartmentstyle rooms are ensuite with mini kitchen facilities and although there is no restaurant there are many cafes close by.

Nearby: Opera Garnier, Park Monceau

HOTEL TRIANON GARE DE LYON

52 Boulevard Diderot, Bastille, 75012

Truly charming hotel near the Place de Bastille. Contemporary rooms with AC, TV, wi-fi. Lovely stone vault breakfast room. Nearby: Gare de Lyon, Louvre

PAVILLON NATION

13 Boulevard de Charonnes, Bastille, 75011

Amazingly contemporary and cool hotel for the money. Flat panel TV's wifi, AC, gym, and a lot of style. Breakfast only but lots of great restaurants nearby.

Nearby: Eiffel Tower, Notre Dame, le Bois Vincennes

YLLEN EIFFEL.

196, rue de Vaugirard, Eiffel Tower, 75015 Paris

A classy hotel close to the Eiffel Tower which offers neo-classical exterior, marble bathroomsand nice bar in the lobby.

Nearby: Eiffel Tower

Disney's Paradise Pier Hotel. a Disneyland Resort Good Neighbor Hotel. Disneyland

Get your hooks in this

great Disneyland deal!

Get two more nights and days with tickets **FREE***,

when you buy a 3-night/3-day room and ticket package.

To book call your local Travel Agent. Book by 9/1/10.



From **US\$76**** per person, per day. For stays in a standard room

5/1 thru 9/26/10 at





From **US**\$54*** per person, per day.

For stays in a standard room

5/1 thru 9/26/10 at

Best Western Pavilions,

Resort Park Hopper Bonus Tickets at a participating Hotel for a family of four (4) (3 adults and 1 child age 3-9), two (2) consecutive free nights will be added to the Hotel stay and two (2) days added to the tickets. Offer applied once per package/ reservation and not valid for previously booked rooms. Check for offers associated with other lengths of stay. The Disneyland Resort Park Hopper Bonus Tickets expire thirteen (13) days after first use or 10/13/10, whichever occurs first, and each day of use constitutes one (1) full day of use. Tickets may not be sold or transferred for commercial purposes. Offer subject to availability and advance reservations are required. Not valid with any other discount or promotion. Subject to restrictions and change without notice. **Price based on quad occupancy (3 adults and 1 child age 3—9). Total package price starts at US\$1,509. ***Price based on quad occupancy (3 adults and 1 child age 3—9). Total package price starts at US\$1,074. Blockout Dates and other restrictions apply. alt Disney Travel Company CST# 1022229-50



Adventure! **Teach English Overseas**

- TESOL Certified in 5 Days
- In-Class or Online
- No Degree Required!

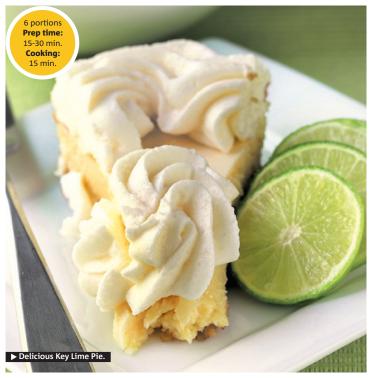
1.888.270.2941 Job Guaranteed!

Next in-class course: Jul 21th - 25th ww.globaltesol.com



metr@food metronews.ca WEDNESDAY, JULY 14, 2010

Key Lime Pie, a summer treat



Dessert became Florida's state pie in 2006 • Kev lime juice is a pale yellow, instead of green

If there's one dessert that says "summertime," it's key lime pie — sweet yet tart and completely refreshing, it's a perfect way to top off a barbecue or to complement a glass of iced tea on a hot day. For this recipe look for key limes at the grocery store, which are smaller than regular limes. You can substitute with regular limes if key limes are not available. More summer pie recipes are available online at tenderflake.ca.

Preparation:

- Preheat oven to 400°F (200°C) and prepare the pie shell according to package directions for a baked pie shell. Remove from oven and set aside
- Lower oven temperature to 350°F (180°C).

Ingredients:

- 1 Tenderflake frozen pie
- 1 (300 mL) can sweetened
- condensed milk

 4 egg yolks, beaten
- ½ cup (125 mL) fresh lime
- juice (approx. 6 limes)
- Whipped cream
- Whisk together sweetened condensed milk, egg yolks and lime juice in a medium bowl until well combined.
- Pour lime filling into baked pie crust.
- Place pie on baking sheet and bake for 15 minutes. Remove from oven and cool completely at room temperature.
- Serve with whipped cream. NEWS CANADA

Superfood:

Including carrots in your diet is a great idea. They contain the anti-oxidants known as carotenoids that include betacarotene. Beta-carotene is great for keeping your skin healthy and glowing, protecting the skin from sun damage.

Beta-carotene also assists the body in producing the pigment melanin, the reason why most people see their skin darken when exposed to sunlight. The high levels of Vitamin A are essential in maintaining healthy eyesight and boosting our immune system. ROMINA MCGIIINNESS

All Saints University of Medicine, Aruba

ADMISSIONS SEMINAR

Greenwood Inn

3515 26th Street NE

Calgary, AB T1Y7E3

July 17, 2010

2:00-5:00 PM

For more information contact:

Harinder (403.561.9011) or Glenda (973.925.5622)

www.asumaruba.org



Apartment Finder

To advertise contact Warren Smith at 403-539-4948

realstar management

Calgary Place Apartments

1 & 2 Bedrooms Gym and Games Room Downtown Property **Utilities Included**

1-877-570-7025

Service Directory
To advertise contact Blaine Schlechter at 403-444-0136



And get cash now!!

\$500\$ loan service

by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.

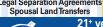
Call toll free: 1-877-776-1660 www.moneyprovider.com

Canadian Legal Resources Centre Inc.

403-229-2774 • www.canadianlegal.org

UNCONTESTED **DIVORCE**

CRIMINAL RECORD?



21⁺ years experience. Voted #1 Paralegal. Why pay more? Open Monday to Saturday.

MYSTIC EYE Spiritual readings

TEARS EXPERIENCE 00% Guaranteed Results



403.228.2258 BY APPOINTMENT ONL SOLVE ALL PROBLEMS OF LIFE

MR. HADY SPÍRITUAL PSYCHIC HEALER

Reuniting Loved Ones Success In Life, Gambling **Court Cases** Remove Spells, Protection

aranteed Paid After Res 403-554-9245



HEALTH & WELLNESS

LOOK BETTER FEEL GREAT

- 15% off every product Lose weight in 6 WEEKS
- FREE sample available



Call Soni 403-690-1055

MONEYBACK GUARANTEE

NOT JUST A CLUB, IT'S THE CLUB.



Rise with the sun and you'll shine

▶ Bad news for all you night owls ◆ Your ability to function in a 9-to-5 world may be predetermined by your biological clock



It turns out morning people may have the advantage in the working world.

"A person with a morning schedule is probably in a much better position to adapt to typical work-place demands," says Dr. Gary Richardson, a sleep researcher. He believes that we're all individually DNA-wired to prefer late night tinkering or early rising.

"In our day-working society, morning types do better," concurs Dr. Timothy Monk, a human chronobiology researcher.

But the night types need not yawn their way through a lifetime of midmorning conferences. Shifting our internal rhythms is possible — even for new college graduates, for whom, Richardson says, the transition from 3 a.m. bedtimes to 7 a.m. wake-up calls is rough. Start by clamming the laptop shut two hours before you tuck yourself

in.
"The internal clock refigure out lies on light to figure out what time of day it is, Richardson explains. "If you spend the hours between midnight and 2 a.m. in front of your laptop, that light is enough



"You cannot move from being a night owl to a morning lark cold turkey. Just move your bedtime five or ten minutes earlier every night."

to push the clock a little

Morning light is a powerful cue, so when the rooster crows, take a stroll. "As soon as you wake up, go for a walk in daylight," Monk suggests.

Most importantly, recognize that you can't make the change overnight.

Bono-style

Failing all else, Monk recommends passing the evening hours in a pair of Bono-style yellow-lens shades. "They filter out the blue light," he says. "That's where the action is. O DREW HINSHAW

Business Development Manager

- * Bring your personality and sales drive to a leading travel company!
- * UNCAPPED earning potential (OTE \$50,000 \$67,000 in Year 1)!
- * Global career-defining opportunities and world-renowned benefits!

Corporate Traveller is on the look out for some enthusiastic and energetic Business Development Managers to join their Calgary team.

Working alongside our top performers, the right candidates will use their sales expertise to source new leads, develop dient relationships and secure business opportunities.

This is your chance to invest your sales expertise into one of Flight Centre's most exciting ventures, sell a product you can truly be proud of and join some of the highest earners in the travel industry. No evenings or weekends will be required!

In addition to your attractive remuneration package you will also enjoy **extended health** and dental benefits, FREE use of the **company gym**, FREE access to **fitness services** and **financial planning consultations**, a **friendly and dynamic team culture**, **discount travel** and a **laptop and blackberry**.

For a job that will truly take you places, join the global Flight Centre force today.



Career Finder



HAVE FUN MAKING MONEY AS AN ACTOR OR MOVIE EXTRA ON CALGARY FILMS!

CONTACT Nikita (403)-521-0077



Pay up prep for PSE

▶ Parents often think of their child's first word or first step or first day of kindergarten ▶ But what about their first day of college/university?

When it comes to the money to put a child through school, it's better to start preparing for that day sooner rather than later. With tuition fees rising each year there's no way of knowing what the cost of post-secondary education will be when your child is ready to take that step.

According to Statistics Canada, university tuition fees in 2009/10 were an average \$4,917 — up 3.6 per cent from the previous year. Costs continue to rise faster than the pace of inflation, leading some to believe that children born today will be looking at post-secondary costs in excess of

"RESPs are a great option for parents interested in saving for their child's post-secondary education."

CANADIAN SCHOLARSHIP TRUST FOUNDATION VP
PETER LEWIS

\$100,000.

As parents, no one wants to see their child struggle to pay for school and end up in debt, a remedy for this is a registered education savings plan (RESP). An RESP is a plan registered under the Federal Income Tax Act that helps families save for post-secondary education. Income earned on contributions grows in a tax-shelter until a child is ready to attend college, university or trade school.

Many of us do save -

but very often if is for our own retirement, which is decades away. We tend to forget about saving for our kids' education which comes much sooner than we think. The reality is that many parents will need and want to help pay for their child's higher education before they retire.

"RESPs are a great option for parents interested in saving for their child's post-secondary education," says Peter Lewis, vice president of opera-

Federal help

A federal government grant also provides a 20 per cent match on RESP contributions, which can add up to \$500 per year per child or \$7,200 over the life of the entire plan.

tions for the Canadian Scholarship Trust Foundation. "If parents make regular contributions, the savings will grow as the child grows. Over the years we've seen that saving for a child's education increases their likelihood of pursuing higher education."

NEWS CANADA



WHEN A BOSS GETS TOO CLOSE

After her first few shifts as a customer service representative with Money Mart in Toronto, Marjorie Harriott noticed that her boss, Desmond Wade, liked women a bit too much.

ade would often ogle female customer s and employees, staring at their breasts and rear ends, making comments that they found offensive. Wade also would come too close to the female staff, sometimes touching them, and making them feel uncomfortable to be around him.

Matters came to a head for Harriott when Wade approached her at work and started to massage her neck. Harriott reported the incidents to a manager who indicated that the company's human resources representative would look into it. When she never heard back, Harriott telephoned another manager in human resources and complained that she had been harassed. A few

weeks later, she was called to a meeting and told that the matter had been investigated and was closed. According to Money Mart, Harriott had to "work it out" with Wade.

Upset about the company's failure to adequately investigate what she felt was sexual harassment, Harriott recently took Money Mart to a human rights tribunal, which is equal to a court for discrimination matters.

The tribunal rejected Money Mart's defence that Harriott had condoned Wade's behaviour and found that as an employer, Money Mart had an obligation to ensure a harassment-free workplace, regardless of whether employees tolerate it. The tribunal was also offended by the company's investigation into Harriott's complaints saying it "completely failed" to investigate the incidents.

BOOK IT before August 31st @ 20% OFF!* TAKE IT before August 31st @ 50% OFF!!*

Includes ALL:

- ⇒ Microsoft Office Suite Beginner to Pro!
- ⇒ Adobe Creative Suite To suit all your creative needs!
- ⇒ Leadership & Business Soft Skills Focus on you!

*See website for more details!

403-265-1150

www.neweratechnology.com



sports







Quoted

a giant in the





Scan code for sports news

NL finally takes ASG



One key swing by Brian McCann pulled the National League out of the allstar shadows.

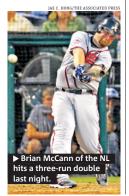
McCann's three-run double in the seventh inning provided the NL all the offence it needed to capture its first Midsummer Classic since 1996 with a 3-1 victory last night.

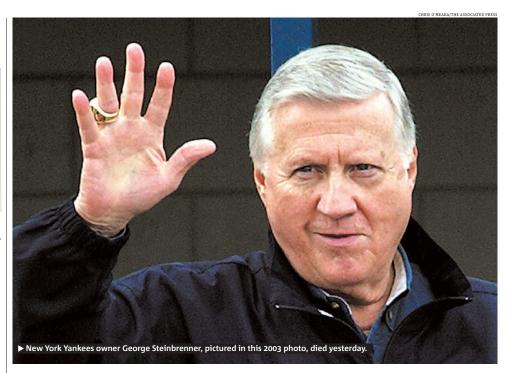
In a year of dominant pitching, young starters David Price and Ubaldo Jimenez set the tone and got even more help from the tricky shadows.

Nearly the entire field at Angel Stadium was bathed in odd patterns of sunlight for a twilight first pitch, creating more awkward swings and misses than usual in baseball's annual talent show.

The National League earns home-field advantage in this year's World Series.

THE ASSOCIATED PRESS





Yankees lose their Boss

O Steinbrenner, 80, dies of heart attack in Florida O The Boss owned baseball's most storied franchise for just over 37 years

Steinbrenner. whose big wallet and winat-all-cost attitude whipped the New York Yankees into a billion-dollar sports empire, died yesterday morning. He had just celebrated his 80th birthday July 4.

Steinbrenner had a heart attack, was taken to St. Joseph's Hospital in Tampa, Fla., and died at about 4:30 a.m. MT, a person close to the owner told The Associated Press. The person spoke on condition of anonymity

because the team had not disclosed those details.

"George was The Boss, make no mistake," Hall of Famer Yogi Berra said.

"He built the Yankees into champions, and that's something nobody can ever deny. He was a very generous, caring, passionate man. George and I had our differences, but who didn't? We became great friends over the last decade and I will miss him very much."

Steinbrenner's death on

the day of the all-star game was the second in three days to rock the Yankees. Bob Sheppard, the team's revered public address announcer from 1951-07, died Sunday at 99.

"He was truly the most influential and innovative owner in all of sports," former New York Mayor Rudy Giuliani said.

"He made the Yankees a source of great pride in being a New Yorker. THE ASSOCIATED PRESS

At a glance

Some key numbers from Steinbrenner's career.

- TITLES In 37-plus seasons as owner, he led the Yankees to seven World Series championships
- FIRINGS Famously hired manager Billy Martin five times and changed managers 21 times in all.

Calgary's Ames not upset at missing Open

It's been a long time since Stephen Ames spent this week on the sidelines.

But the Canadian golfer isn't brooding over missing the British Open at St. Andrews.

"No, not at all," Ames said yesterday from his home in Calgary. "It doesn't bother me. There are other weeks to play."

Ames has seen his world

Ames saw his run 23 of 23 straight majors end when he didn't receive an invite to the Masters in April.

ranking drop to 78th this season — losing an automatic invite into the year's third major as a result. He also failed to get through the American qualifying tournament in the spring, keeping him out of the British Open field for the first time since 2003.

But Ames is doing his

best to stay positive.

He considers next week's RBC Canadian Open an unofficial major and should be a little better rested after not competing in Scotland this week

THE CANADIAN PRESS

Sports in brief

Taylor pleads not guilty

LAW. Hall of Fame linebacker Lawrence Taylor pleaded not guilty yesterday to an indictment that alleges he had sex with a 16year-old girl in a New York hotel room. The former NFL star allegedly paid \$300 US to the girl, a Bronx runaway, for their alleged encounter in May. Taylor pleaded

not guilty through his lawyer to third-degree rape, patronizing a prostitute, sexual abuse and endangering a child.

Iefferson to Jazz: Report

NBA. The Minnesota Timberwolves have agreed to send power forward Al Jefferson to the Utah Jazz for two future first-round draft picks and a salarycap trade exception, a person with knowledge of the deal told The Associated Press yesterday. THE ASSOCIATED PRESS



metronews.ca
WEDNESDAY, JULY 14, 2010

2





THE PARTY CONTINUES AT STAMPEDE CASINO!

LIVE MUSIC AND DJ'S EVERY NIGHT ~ DOORS 10PM OPEN 'TIL 3AM! LOCATED OUTSIDE NORTH GATE

421 12 Ave SE, Calgary, AB I 403.514.0900 I stampedecasino.com

Furthering agriculture honoured



Combining ideals and traditions of the past has landed 16 southern Alberta families recognition this week at the Calgary Stampede.

The 2010 BMO Farm Family Awards honoured the families during a special ceremony on the grounds and each family received an engraved farm gate sign and free admission to the Stampede, plus rodeo tickets.

"These families are outstanding examples of how far farm management has come and the tremendous contributions they make to the Alberta economy," Bank of Montreal spokesperson Bill Hogg said.

The recipients of the 2010 BMO Farm Family Awards each demonstrated the critical role they play in furthering Alberta agriculture.

Winners

- Bob & Stephanie VanRoessel, Bow Island
- Doran & Byron Templeton, Lethbridge
- Tracy & Michele Hemsing, Rolling Hills
- Darcy & Carol Cronkhite,
 Warner
- Jim Eskeland, Drumheller
 Harley & Joan Earl, High
 River
- Roy & Diana Reed, Pincher Creek
- Carl & Julia Gerwien, Nanton
- Harvey & Bernita Van Hierden, Fort Macleod
- Mernus Casebeer, Carstairs
 Jim, Lorne & Danny Dunn,
- Airdrie
 Greg & Karen Gordon,
 Hanna
- Raymond & Sherrie Rude, Sedalia
- Larry, Cindy, Daniel, Sarah
 & Michelle Dodd, Morrin
 Wayne & Mike Davey,
- Champion

 Doug & Wes Clark,

. -----

STAMPEDE STYLE

Get heads in hats

It's halfway through the Calgary Stampede and if you don't have that perfect hat yet, what's stopping you?

Jenna Hall, supervisor at Lammles located on the Stampede grounds, said business has been steady with people looking for the right hat and she has some suggestions for those yet to buy one.

"The really popular hat this year is the unisex shell hat and people seem to like the darker colours," she said. Other people might go for the more authentic looking hats in the back of the store, she added, and many people ask lots of questions when buying.

Calgary Stampede Get Your Head in a Hat coordinator Bev Blue said the program, in its sixth year, is more popular than ever.

"We have people getting their heads into hats and we have volunteers down on the grounds rewarding them for it," she said of the promotion.

Stampede volunteers will give out winning tickets when they spot patrons wearing a hat throughout the 10-day event.

KRISTA SYLVESTER/ METRO CALGARY



Rain can't dampen Western spirit

◆ Heritage Day sees thousands of seniors taking advantage of free admission and breakfast ◆ Visitor says it's worth coming early and fighting for



Thousands of seniors braved the rain and stormed the Calgary Stampede gates yesterday morning for free admission on Western Heritage Day.

Nobody enjoyed the free

"I always used to bring my six kids, and now sometimes my grown children still come with me."

PAT ADAMS

admission and breakfast more than Calgarian Pat Adams, who has been coming to the Stampede every year since 1969.

"I always used to bring

my six kids, and now sometimes my grown children still come with me, and last year I brought my granddaughter," the self-professed

Stampede's biggest fan said.

Adams said she and her husband and two elderly friends each received free admission and tickets to the rodeo and chuck wagons, too.

"We saved a lot of money. It's worth coming early and fighting the stampede of people crashing the gates."

NOT JUST A CLUB, IT'S THE CLUB.



IOIN CLUB METRO TODAY! CLUBMETRO.COM

Sparking a piece of history



He's bringing a little bit of history back one flaming, hot iron piece at a time.

Chris Waters has been blacksmithing at Weadickville at the Calgary Stampede for 10 years and enjoys educating patrons about the past — and future — of remodelling, repairing, and moulding iron and steel.

"You don't get to see this kind of thing too often anymore so I really like being able to show people what it's all about," he said.

Waters said it takes 2,400 degrees Fahrenheit of heat before a piece of iron will start to melt — and he loves every second of it.

"People really like to see sparks flying, but I can't do that too often because of how far the sparks fly," he added



A veggie delight found on grounds

• Avatara vendor specializes in whole wheat, glutton-free pizza pies



"People are really enjoying it and we also have specialty lemonade, too."

For one vegetarian it was a

four one vegetarian it was a four day exploration that finally led to some healthy, vegetarian delight. Jules Rizzuto couldn't

Jules Rizzuto couldn't find anything vegetarian to eat besides cheese on a stick, but that just wasn't cutting it until she found flatbread, whole wheat pizza through the popular Avatara on the grounds.

"I wish they had veggie corn dogs, but this is a really good second to that. It was just disappointing to walk around and see nothing I could eat until I found this place," she said.

Avatara specializes in



whole wheat, glutton-free and special diet pizza that can pretty much be tailored to anyone, and it's been a hit according to part-owner Ryan Wright. "People are really enjoying it and we also have specialty lemonade, too," he said.

News in pictures



Chelsea Lynn Latouche and Rachel Anderson entertain themselves by trying on cowboy hats in the BMO Centre.

The rain kept Cheyanne Coffee vendors Leigha Sandrelli and Cole Marchant busy yesterday.

Musician Michael Bridge entertains Stampede patrons at the Window on the West stage.

Bronze frozen statues, much like this one, kept people guessing which ones are real and which are fake.

Old Fashioned Fudge vendor Marsha Lacelle said despite the rain people are still smiling about candy apples and fudge.



BIG SMILES FOR BIG VALUE!

1 bedrooms from the low \$200s and 2 bedrooms starting in the \$250s.

Red Haus offers unmatched value:

Granite countertops · Ceramic tile flooring · Nine foot ceilings
Heated underground parking · Convenient NW Calgary, Royal Oak location



126 30 Royal Oak Plaza NW Calgary 403 269 6024 • redhaus@streetsidehomes.com Monday to Thursday 1-7 pm, Fridays, Weekends, Holidays 12-5pm



Prices do not include taxes, \$399 doc. fee and \$250 cost of vehicle preparation



403-539-6004 cmpauto.com



AMVIC LICENSED

Today's line up

Coca-Cola stage

Terry Stokes

Terry Stokes is known as America's favourite hypnotist.

Daily at 2 & 5 p.m. tstokes.com

Glass Tiger

Glass Tiger is one of Canada's premiere rock bands. They've won five Junos and have a Grammy nomination. Further to their multiple hit singles, and the millions of albums sold, Glass Tiger have embarked on several world tours and shared the stage with some of the biggest acts of the past 20 years. 9:15 p.m.

Nashville North

Jimmy Wayne

Jimmy Wayne's debut CD appeared in 2003 and spawned the top-10 hits Stay Gone and I Love You This Much, plus the top-20 chart successes You Are and Paper Angels. Nashville Lifestyles magazine named him one of its "Beautiful People of 2009."

thevalorymusicco.com/ jimmywayne

Krysta Scoggins

Krysta Scoggins has had opening slots for Paul Brandt, Patricia Conroy, The Nitty Gritty Dirt Band, Jason McCoy, George Canyon, and David Lee Murphy. She has also been featured in CCMA showcases.

Daily, July 14-18 krystascoggins.com

Justin Ament

After several years of backing up some of Canada's top country talent, Justin took the reins in his own hands in 2003, auditioning for Canadian Idol. He made it to the final 15 and a solo career was born. He's working on releasing a single and video in 2010. Daily, July 14-18

Joe Hikk

Hailing from Calgary, Jo Hikk has been making an impact in the Canadian music scene. Their most recent release, My Kind of Radio from their debut Ride album climbed the charts hitting the top 20 across Canada.

Nightly joehikk.com

SOURCE: CALGARYSTAMPEDE.COM



Love is golden

In 1980 Loverboy introduced themselves to the world with their self-titled debut album. They quickly became one of America's and MTV's most popular rock bands. From 1980

through 1987, Loverboy garnered four multi-Platinum albums and numerous international Gold albums.

Their tours sold out nationwide and their hit singles went on to become the anthems and party songs of an entire generation.

Loverboy, driven by the powerful vocals of Mike

Reno, the relentless rock groove of lead guitarist Paul Dean, bassist Scott Smith, keyboardist Doug Johnson and drummer Matt Frenette, built its reputation on-stage, bringing the energy from their radio hits to coliseum rousing excitement.

SOURCE: CALGARYSTAMPEDE.COM

Rodeo results

BULLRIDING

1. Jason O'Hearn, Australia, Beaver, 79.50 points; 2. J.W. Harris, May, Texas, Bean There, 78.50; 3. Aaron Roy, Yellow Grass, Sask., Before Dark, bailed out; 4. Edimundo Gomes, Brazil, Quagmire, bailed out; 5. Corey Navarre, Weatherford, Okla., Hand Me Down, bailed out.

SADDLE BRONC

1. Todd Herzog, Penhold, Alta., Liqueur Whiskey, 80,50 points; 2. J.J. Elshere, Quinn, S.D., Alley Inn, 80,50; 3. Justin Berg, Marwayne, Alta., Trail Sale, 80,50; 4. Sam Kelts, Millarville, Alta., Landmark, 78,50; 5. Shaun Stroh, Dickinson, N.D., Kodak Moment, 78.00.

BAREBACK

1. Tilden Hooper, Carthage, Texas, Street Dance, 86.00 points; 2. Justin McDaniel, Porum, Okla., Beaver Fever, 85,50; 3. Davey Shields, Jr., DeWinton, Alta., Red Headed Stepchild, 81.50; 4. Dusty LaValley, Crooked Creek, Alta., Bet On Me, 80.50; 5. Matt Lait, Balzac, Alta., Cool Pieces, 78.00.

TIE-DOWN ROPING

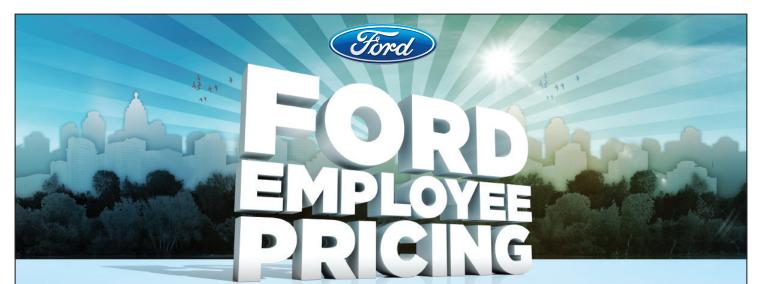
1. Hunter Herrin, Apache, Okla., 7.5 seconds; 2. Justin Maass, Giddings, Texas, 7.8; 3. Steve Lloyd, Alix, Alta., 7.8; 4. Fred Whitfield, Hockley, Texas, 8.0.

What's Canada's favourite festival?

Have your say and win one of six great festival packages.







Now you pay what we pay.

Get up to \$12,000 in price adjustments for the **best prices of the year** on virtually our entire lineup.

2010 F-150 XLT SuperCab 4x4

Cruise Control
Air Conditioning
Power Windows
Power Locks

Anti-theft system Side Airbags Sirius Satellite And More!

Employee Price Adjustment \$4,206 Delivery Allowance \$5,500

Total Price Adjustment \$9,706

Your Employee Price

\$29,193



	1/0					
CHOOSE YOUR VEHICLE	EMPLOYEE PRICE ADJUSTMENT	DELIVERY ALLOWANCE	TOTAL PRICE ADJUSTMENTS	YOUR EMPLOYEE PRICE		
2011 FIESTA S	\$405	\$0,000	\$405	\$14,044		
2010 FOCUS SE	\$1,529	\$3,000	\$4,529	\$15,970		
2010 FUSION S	\$1,228	\$3,500	\$4,728	\$19,421		
2011 MUSTANG	\$1,050	\$0,000	\$1,050	\$23,399		
2010 ESCAPE XLT	\$1,891	\$3,500	\$5,391	\$21,708		
2010 FLEX	\$2,230	\$2,000	\$4,230	\$29,969		
2010 F-150 XLT	\$4,206	\$5,500	\$9,706	\$29,193		
2011 F-350 LARIAT	\$8,339	\$4,000	\$12,339	\$57,010		
ALL DRIOTO INCLUDE	EDEIOLIE AND AID TAY					

ALL PRICES INCLUDE FREIGHT AND AIR TAX



We want you to experience the best vehicles we've ever built.

We're inviting you to take the Drive One Challenge. We believe that once you drive a Ford you won't want to drive anything else. If we still haven't won you over and you buy any competitive vehicle, we'll give you \$100.†





UNIVERSAL

AMVIC LICENSED • PRICES DO NOT INCLUDE GST OR FEES

1-877-589-5964 2800 BARLOW TRAIL NE • CALGARY, ALBERTA



2010 Avenger road warrior with value

▶ Family sedan buyers looking for bang for their buck should consider this Dodge mid-sizer ▶ Plenty of features available in topline R/T model



Readers are no doubt familiar with the trials and tribulations Chrysler is just starting to emerge from.

With new partner Fiat and all the cars it brings like Alfa Romeo, there is a certain optimism within the organization.

In the meantime, there are several vehicles in Chrysler showrooms that offer great value for the money and one of them is the Dodge Avenger.

The current Avenger went on the market five years ago and marked the return of Dodge into the mid-size segment after the absence of a decade.

For 2010, Dodge has simplified the lineup that still has three trim levels but does away with the 2.7-litre Flex Fuel V6.

With virtually no ethanol filling stations in the county, it didn't make sense to keep it.

Tested here is the topline R/T that starts life as a SXT (\$24,795). The bigticket option (\$2,225) is the 3.5-litre V6 producing

235 hp and 232 lb/ft of torque through a six-speed Auto/Stick transmission (that adds \$275) with sequential manual shift mode

Fuel consumption is rated at 12.9L/100 km (22 mpg) city and 7.4L/100 km (38 mpg) highway.

The R/T, like the SE and SXT is front-drive only. All-wheel-drive was an option in the past but it has been dropped.

That price for the R/T engine option also includes 19 amenities some of which are heated, leather front bucket seats,

trunk lid spoiler, sport suspension with fore and aft stabilizer bards and "Firm Feel" power steering

Feel" power steering.

The 3.5-litre V6 is a punchy unit that makes the most of the six-speed transmission to the point shifts are imperceptible. Of course that changes when you drop down to the manual mode where you can hold the car in any gear longer for more rapid acceleration.

Summing up, the 2010 Avenger offers almost fullsize car interior passenger volume at a compact car price.

Specifications



- ► BODY STYLE
- Mid-size sedan.
- ENGINE
 3.5-litre. V6
- (235 hp, 232 lb/ft)

 FUEL ECONOMY
- 12.9L/100 km (22 mpg) city, 7.4L/100 km (38 mpg) highway.
- PRICE

\$31,435 as tested including \$1,400 shipping fee.

Summer's the best time to get your car rust-proofed

A commitment to control corrosion throughout one's vehicle is the first step for protecting the investment today, tomorrow, and for resale later.

If, however, you need even more incentive, how about this: Industry experts say that the summer season, now, gives us all the right conditions for the most effective rust proof-

"Moisture on metal, not salt, is the number one cause of corrosion."

CRAIG SHUTTLEWORTH, KROWN

ing. "There is no wrong time to spray and protect your vehicle from corrosion," says Craig Shuttleworth at Krown, a leader in this field. "But the best



season for it is summer, not just because winter's harsh conditions are around the corner, but also because the products respond better in warmer weather.

"Actually, winter is not the harshest season for corrosion. Spring is worse because once the temperatures begin to rise and the metal warms up, all of the 'salty' residue in seams, crevices and hidden areas, really goes to work."

Most car buffs are committed to the rust proofing

process once per year—and August is the choice time because it ensures a good 12 months of protection throughout the toughest weather, wear-and-tear.

"Also, when it's warm outside our eco-friendly Krown formula is able to creep a little faster and more thoroughly into all the seams and crevices."

NEWS CANADA



Up and down

Mazda turns 90 Mazda is celebrating its 90th anniversary this year. One of

this year. One of Mazda's most popular innovations has been the rotary engine.





Mercury falling Looks like Mercury is finally set to shut shop. According to Automotive News, the Ford marque will end production of its models in October.



Aluminum's light touch

Automakers slowly adapting to metal for body parts • Expert says aluminum better for fuel economy

DRIVING **FORCE**

IIL McINTOSH DRIVE@METRONEWS.CA

When it comes to fuel economy, weight is the enemy: a heavier vehicle remore Increasingly, more manufacturers are turning to lighter-weight aluminum for parts and panels.

"The first aluminum parts were radiators, when aluminum displaced cop-per and brass," says Doug Richman, of the Aluminum Association's Aluminum Transportation Group, and vice-president of engineering and technology for California's Kaiser Aluminum.

'Then it was castings, such as engines, transmissions and master cylinders. The next frontier will be high-volume applications of body structure, closure panels, engine cradles and instrument panel support

Automakers have traditionally been slow to adopt extensive use of aluminum for several reasons, the primary one being cost.

"They do have some cost premiums," Richman says. 'It's not huge, but the value of weight reduction was driven by the economic value in fuel savings. As the cost of fuel goes up, the value to the customer of a lighter vehicle goes up, and so the more expensive technology becomes practi-

Challenges also included aluminum's unique properties, which meant that carmakers had to



learn new ways to stamp parts, and then fasten and weld them. Even handling techniques have to be modified, since aluminum scratches and dents more easily than steel, and it can't be picked up with a magnet. The cars must al-

be crash-tested, but Richman says that cars with a high percentage of aluminum can be safer than the steel-bodied cars they're replacing.

"What we're seeing is aluminum engineering design as a safer alternative."

... and it's green too

Recycling is also a major benefit. "Aluminum is infinitely recyclable," Richman "Today, over 95 percent of the aluminum in an automobile is recovered, is

recycled and can be used again, because there's no degradation in the product. It's the only lightweight alternative that is 100 percent recyclable.

Calgary Honda

PRICED TO GO AND READY FOR IMMEDIATE SALE **CHECK OUT SOME OF THE GREAT DEALS!**



was \$17,900*



2007 Honda Ridgeline EX-L

was \$28,995*

\$27,500



2007 Acura TL- Type-S Auto (P5495)

was \$30,995* NOW



2008 Acura RDX

WAS \$33,995*



*See dealer for details. Taxes and accessories are extra. Vehicle is subject to availability. Vehicle may not be as shown.



You receive the Calgary Honda Difference with free protection against involuntary job loss. critical illness and more! 6 year/120 000km oil and filter change program.



Earn 500 AIR MILES® reward miles with the purchase of any pre-owned Honda vehicle.



www.calgaryhonda.ca

403-253-6531 • 11700 Lake Frasier Dr. SE (Corner of Anderson Road & macleod Trail)



CANADA'S HOTTEST MODEL * EVENT *

* A DEAL YOU CAN HANG YOUR HAT ON. *





MOTOR TREND'S 2010 TRUCK OF THE YEAR LEGENDARY CUMMINS® POWER

- Ram is the <u>only</u> Heavy Duty Diesel pickup in the market that <u>does not</u> require a diesel exhaust fluid (DEF) system to meet stringent 2010 emissions requirements
- 350 hp @ 3,000 rpm Class-Exclusive standard integrated exhaust brake •
 Best-In-Class low-end torque Up to 650 lb-ft of torque
- Nobody offers a better diesel engine warranty: 5 years/160,000 km

NO CHARGE CUMMINS® TURBO DIESEL ENGINE \$9,245 VALUE



2010 RAM 1500 QUAD CAB SXT 4X4

* CANADA'S FASTEST GROWING CHOICE OF LIGHT-DUTY PICKUP TRUCK *



PURCHASE FOR

\$26,998

INCLUDES \$8,250 CONSUMER CASH AND FREIGHT.

STEP UP

FOR ONLY

% OR CHOOSE

PURCHASE FINANCING

PLUS GET

\$162 BI-WEEKL

A VARIABLE PRIME RATE OF

2.50°

2010 RAM 1500 SLT

- 5.7L HEMI® V8 with MDS and VVT, and 390 hp Speed Control
- - 20" Aluminum Wheels Dual rear exhaust Fog lamps
 - Bright grille with bright billets Quad halogen headlamps

NO CHARGE HEMI® ENGINE

MORE BI-WEEKLY

PROUD SPONSOR OF RODEOS FOR 29 YEARS.



Jeep

DODGE



CODGE



Honda CR-V made to love

 If you like reliability, look no further than this second-gen SUV
 Competition for Rav4 and Escape

SECOND GEAR

JUSTIN PRITCHARD

DRIVE@METRONEWS.CA

The second-generation Honda CR-V launched for the 2002 model year to battle competitors like the Ford Escape, Toyota Rav4 and Hyundai Tucson. With four wheel drive, plenty of space and a flexible, storage-rich interior, the sec-

Specifications

- MODEL 2002 to 2006 Honda CR-V
- VEHICLE TYPE Compact SUV
- PRICE RANGE \$6,000 to \$21,000

ond-generation model carried on the success of the original CR-V, which launched in 1997.

CR-V came only with four-cylinder power, making it a popular choice with shoppers who prioritize cheap running costs and low fuel consumption. If you're looking for V6 power or extra towing capacity, you may need to shop elsewhere.

Honda's proven 2.4 litre i-VTEC four-cylinder engine generated 160 horsepower.

A five-speed manual transmission was standard equipment, and ideal for shoppers who prefer to row their own gears. An automatic was available.

Honda's Real-Time four wheel drive (4WD) system was the CR-V's winter-busting weapon. It automatically powers

It automatically powers all four wheels the instant



wheel-slippage is detected, while running only the front wheels otherwise.

With four-wheel drive working on an as-needed basis, all-weather confidence and mileage are both maximized.

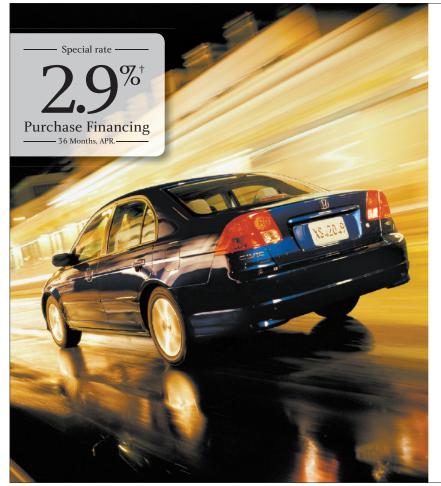
Note that a later CR-V in this generation (2005 or

2006) benefitted from a driveline update that added a smoother drive-by-wire throttle system and a faster-reacting 4x4 system. Additionally, a five-speed automatic transmission replaced the four-speed unit for better mileage and performance

What owners like

Owners love the CR-V's combination of good mileage, confident year-round operation and its flexible 'ready for anything' interior.

Other owner-stated positives include good visibility, plenty of storage, easy-to-use controls and a commanding seating position



It's a used Honda, not a used car.

Honda reliability. Certified. When Honda certifies a used vehicle, you know it can be depended on. Every Certified Used Honda undergoes a series of thorough dealer inspections to ensure it upholds the reliability of the Honda name. You get the performance, safety and efficiency of a Honda, with the added assurance that comes with a factory warranty. Make the confident choice at honda.ca

- 6-yr / 120,000-km transferable powertrain warranty
- 7-day / 1,000-km exchange privilege
- 100+ point inspection



12

15

18

33

36

50

54

57

26

44

7 United nations

10 Lima's country

11 Actress Hathaway

16 Can. neighbour

9 Sufficiency

20 Springlike

22 Relocate

23 Pipe type

25 Clampett patri-

27 Source of big

29 Farm fraction

26 Grecian container

melody

waves

39

KISS

Across

1 Arp's style 8 Hemingway sobriquet 12 Clapton or Idle

13 The whole enchilada

14 Yemeni port city 15 Summertime pest

17 Coastal bird 18 Ear bone also

called the anvil 19 Small circle of friends

21 Poetic foot 24 Debt notice

25 Fair 28 Exam format

30 Furthermore 33 Previous to

34 Oust 35 Bill's partner

36 Forensic ID 37 Back

38 Burning heap 39 Gridiron VIPs

41 Umps 43 Treat the same

46 Eagle's nest 50 Two-way

51 Online directions provider

54 Company with a swoosh

55 Hockey arena 56 Carvey or Delany

57 Tarzan's pals 58 Afternoon gathering 59 Chooses

3 Platter

5 Mai — (cocktail) 6 PC key

58 34 Formerly, former-

13

22 23

28

45

55

41

52 53

16

34

37

21

38 Sham

40 Hay bundles 42 Common

webpage abbr 43 Author Ferber 44 Bit of banter

45 Send out 47 Harvest 48 "Say It — So

49 Greek vowels 52 Expert

53 Shell game item

Sudoku

10

14

17

30 31 32

35

48

19 20

24

42

46

9								2
	7	1				9	4	
			9	7	3			
		2	6	4	8	1		
6	1						9	4
		3	5	1	9	2		
			1	5	2			
	3	8				6	2	
1								9

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

ScoopDog ... as we drive down the road together, your velvet voiced sinaina is music to my parched ears. I look forward to our next Ft. Mac. sleepover! CHACHING

Justin. Happy 3 years together! You make everyday very interesting. Love you! <3 MILENA

Hi Ruba, many many happy returns of the day. Keep it going baby. During this 20 minutes of today. I could not think of anything but you. LOVE MATT & RAMANAN

Burr, you are the best thing to come into my life. Happy 3 years. I love you. Always, TEACUP

Caitlin, we have known each other for a long time and I think its time that we move on to the next level. Will you merry me? LOVE DOUG

Down

2 "East of Eden" son

4 Find not quilty

31 Hide-hair link 32 Buck's mate

➤ Yesterday's answer

56

59

M	E	N	U		C	Ю	W		S	Α	w	S
Α	Т	0	Р		Α	В	Α		Q	U	Τ	Р
Р	0	R	Κ	Υ	Р	Т	G		U	L	N	Α
			Е	Α	Т		G	R	Α	D	Ε	S
S	Т	R	Е	W		С	L	Α	W			
L	Е	Α	Р		Т	Н	Τ	Ν	K	В	Т	G
T	Α	Ν		S	Н	Α	Ν	K		0	Ν	0
D	R	T	L	L	R	Τ	G		Ν	Α	Т	0
			L	0	0	Ν		Α	Α	R	0	Ν
Т	Υ	С	0	В	В		Ι	S	М			
В	U	R	Υ		В	U	D	S	Ε	L	Τ	G
S	L	Е	D		Ε	R	Ε		L	Υ	R	Α
Р	Ε	W	S		D	Ν	Α		Υ	Ε	Α	S

For today's crossword answers and for expanded horoscopes, go to metronews.ca

A look at the weather

ΤΩΝΑΥ Min 9° Max 22°

THURSDAY Min 10° Max 23°

SATURDAY Min 10° Max 20

8 9

3 6 7

5 8 6 2

2 3 9 5 6 8

9 6 8

2 8 4 9

2 3 5

4 9 8

5

4 7 5 3 8 1

4 6

1 5

6 2

7 2 4 3 1 5

Andrew Schultz. Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM



Today's horoscope

T Aries March 21-April 20 If you feel as if you are trapped in a dead end job with no way out then obviously you are doing something wrong. Start thinking seriously about a career change.

¥ Taurus April 23-May 21 Mars in your fellow Earth sign of Virgo endows you with the confidence you need to start something new. A lot of the time you don't much enjoy being the center of attention, but today you will love it.

II Gemini May 22-June 21 You may feel a bit insecure at the moment, which is not like you at all. Be careful you don't overcompensate and act as if you don't have a care in the

Gancer June 22-July 22 You worry too much and it is leaving you precious little time to enjoy the good things in your life, of which there are plenty. Read a book about successful people or listen to music that inspires you.

no point getting too anxious about your money situation because it is sure to change for the better quite soon. A positive attitude will attract new opportunities into your life over the next few days.

My Virgo Aug. 24- Sept. 22 The time to start something new is now, today, this very moment. You will find it easy to get motivated. Don't waste this opportunity. Be amazing.

← Libra Sept. 23-0ct. 23 All sorts of weird and wonderful ideas may be going through your mind but the thing you must remember is that none of them are true.

M Scorpio Oct. 24-Nov. 22 You should be doing more with your life, and you know it. Ask yourself what it is that most inspires you and what it is you most want to accomplish. Then resolve to do it – not next month, but right now.

→ Sagittarius

Nov. 23-Dec. 21 Make an impression on employers and other important people. Do something dramatic, something that cannot fail to get you noticed. Sing your own praises every chance that you get.

り Capricorn Dec. 22-Jan. 20 For quite some time now you have been content to let others decide where you will go and what you will do. That must change. One particular person has got too much control over vou.

~~ Aquarius Jan. 21-Feb. 18 You have fears like everyone else, but you actually quite enjoy a bit of anxiety - it helps you stay alert. That's good: you'll need your wits about you today.

H Pisces Feb. 19-March 20 A relationship problem can no longer be ignored – it's time to deal with it and then move on once and for all. Can you be that decisive? Of course you can. SALLY BROMPTON



You write it! Write a funny

caption for the

image to the right

and send it to play@metronews.ca the winning caption will be published in tomorrow's





"ONE OF THE BEST NEWS APPS"

"Really cool. Lets you read articles offline too!" – Real user review The free Metro Canada application is available on the App Store. Don't have an iPhone or iPod touch? Visit m.metranews.ca for news on the move.



Available on the App Store

metrenews.ca

Sound financial advice helps Filipino newcomers integrate faster

While on vacation in his native taxes being withheld for Philippines – and a chance encounter with purchasing a home as a Rene and Celsa Bongo who were about first time home buyer: "It's to migrate to Canada – Edgar Pinero recalled his own immigrant experience 15 years before.

"I told them to get warm clothes and they should consider how to manage the money they bring to Canada," recalls Edgar, who today works as a Customer Experience Advisor at Scotiabank in Scarborough, Ontario.

Edgar notes that on his arrival to Canada in 1991, banking information seemed overwhelming, "It took my family seven years to buy a home because I was scared to get a mortgage until I met a Scotiabanker who explained everything. If I had learned sooner what was possible...," he ponders, adding that today he offers advice to Filipino newcomers while volunteering at

While Rene Bongo did in-depth research before moving his six-member family to Canada, the Chemical Engineer and his Chemist-trained wife still faced surprises. "We were prepared for the move, but the reality was much harder," says Rene, remembering how their savings went quickly into expenses like rent.

Fortunately, the Bongo's new friend Edgar lent a hand, by welcoming them into his home and referring them to the same knowledgeable banker who helped him get started.

The Bongo family was impressed by advice from their local Scotiabank branch when they opened a bank account, including ways to earn more on their savings through a high interest account. "As soon as the Bank prepared the cheque for our rent deposit, they suggested we could put the money into our own home and get a mortgage instead," notes Rene. Thanks to this advice, they celebrated their second anniversary in Canada in a newly-purchased home.

Scotiabank also helped them through each step of their Canadian integration, such as the need for a car loan when his wife found work in her profession that involved a long distance commute. Most recently, Scotiabank pre-approved the family for a new home out west, when Rene secured a job in Alberta's Oil Sands.

"When I came back from the interview, I went to see Scotiabank about buying a home in Fort McMurray and they were ready to support us," says Rene, who admires his Toronto Branch Manager, Renee Omlas from Scotiabank's College and Bathurst location, for offering ideas that are one step ahead.

Edgar Pinero agrees, remembering how Renee Omlas helped him get a Retirement Savings Plan and benefit from withdrawing this savings without

critical for new immigrants to find good advisors to show them what is doable and affordable, and it's a pleasure to share this knowledge with others."

THIS ADVERTORIAL IS PREPARED BY SCOTIABANK.



The Bongo Family



No Credit History? No Problem.

















Call **1-866-800-5159**

Click www.startright.scotiabank.com

